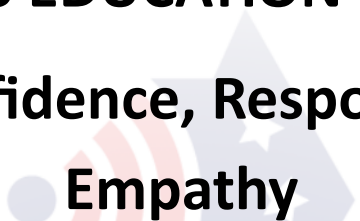


# Kindergarten American Online School

## SOCIAL SKILLS EDUCATION CURRICULUM

### Building Confidence, Responsibility, and Empathy



Version June/2025

---

## 1. Introduction

### The Role of Social Skills Education in Kindergarten

In Kindergarten, social skills education helps children understand themselves and others in a positive and supportive way. By developing self-confidence, taking responsibility, and appreciating different perspectives, students learn how to communicate effectively, solve problems, and build strong relationships with peers and adults. The focus is on social-emotional learning through play, stories, and guided interactions.

By the end of this course, students will:

- ✓ Understand the importance of self-confidence and how to express it.
  - ✓ Practice taking responsibility for their actions.
  - ✓ Recognize and understand different perspectives, fostering empathy.
  - ✓ Build positive relationships through listening, sharing, and cooperation.
-

## 2. Core Competence Areas

### SoSk.1 Self-Confidence

#### Learning Outcomes

By the end of this course, students will be able to:

- ✓ **Recognize and express their strengths and abilities.**
- ✓ **Show confidence in their ideas and actions.**
- ✓ **Understand the value of positive self-talk and self-encouragement.**

#### Competencies

##### SoSk.1.A.1 – Building self-awareness

- Talk about what makes them special and what they are good at.
- Create a “Me Book” with pictures or words that describe their strengths and feelings.

##### SoSk.1.A.2 – Encouraging positive self-talk

- Use phrases like “I can do it!” or “I am proud of myself.”
- Participate in activities where they share something they did well (e.g., “I was brave when I tried this new game”).

---

### SoSk.2 Taking Responsibility

By the end of this unit, students will be able to:

- ✓ **Understand the concept of responsibility (e.g., cleaning up, following rules).**
- ✓ **Take responsibility for their actions and behavior.**
- ✓ **Participate in daily routines that encourage accountability.**

#### Competencies

##### SoSk.2.A.1 – Practicing responsibility in the classroom

- Help clean up after activities and take care of personal belongings.
- Use a responsibility chart to track tasks like “put away books” or “help a friend.”

### **SoSk.2.A.2 – Making responsible choices**

- Discuss scenarios where they make choices, like deciding to share or waiting for a turn.
  - Role-play situations where they practice saying “Sorry” or “It was my fault.”
- 

## **SoSk.3 Understanding Others – “Perspectives of Others”**

### **Learning Outcomes**

By the end of this unit, students will be able to:

- ✓ Recognize that everyone has different feelings and perspectives.
- ✓ Practice empathy by understanding how others might feel in different situations.
- ✓ Share and listen to others’ ideas with respect.

### **Competencies**

#### **SoSk.3.A.1 – Identifying emotions in others**

- Read storybooks or watch videos showing different characters’ emotions (e.g., happy, sad, frustrated).
- Use role-play to act out scenarios where they practice recognizing and responding to other people's feelings.

#### **SoSk.3.A.2 – Practicing empathy**

- Discuss what it means to be kind and how to help others when they are feeling upset.
  - Engage in group activities where they take turns sharing or helping peers with tasks.
-

### 3. Assessment and Evaluation

#### **Formative Assessments – Daily Practice and Observation**

- ✓ Participation in group discussions and activities.
- ✓ Daily reflections in a “Feelings Journal”.
- ✓ Teacher observations of self-regulation and peer interactions.

#### **Summative Assessments – Projects and Presentations**

- ✓ “All About Me” book presentation or “I Am Proud” poster.
- ✓ Responsibility chart completion and self-reflection.
- ✓ Role-playing scenarios to demonstrate empathy and sharing.

#### **Authentic Assessment – Real-World Application**

- ✓ Peer feedback during cooperative games or group projects.
  - ✓ Daily routines and classroom behavior that reflect learned concepts.
  - ✓ Collaboration with peers on community-building activities.
- 

### 4. Instructional Strategies for Online Learning

#### **Interactive and Experiential**

- ✓ Use stories, role-playing, and puppetry to introduce social skills concepts.
- ✓ Encourage peer-led discussions and activities to reinforce learning.

#### **Routine-Based and Reflective**

- ✓ Incorporate daily check-ins to reflect on how students feel and behave.
- ✓ Use routine charts and visual reminders to support positive behavior.

#### **Inclusive and Supportive**

- ✓ Create a welcoming classroom environment where all students feel respected.
- ✓ Encourage collaborative problem-solving and sharing.